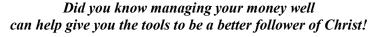


# REVEALED





Join our 1st All Saints

#### **Financial Wellness Class**

January 22, February 5 & 19, March 5 & 19, April 2, 16, 30, May 14 Time: 630pm-8pm

9 classes total (you can still join us if you can't make all 9)

Location: St Joseph Campus Basement (Catechesis of the Good Shepherd Bldg) Email to Sign Up/For Additional Details or Questions: revealed@share.dnrmiller.com

Some of the topics to be covered include: creating a budget, building an emergency fund, reducing or eliminating debt, saving & investing, planning for long term goals like retirement, protecting your assets

Do you fit one of the following???

### Want Financial Freedom?

Sick of stressing about your bills?

Want a stronger marriage or to be a better parent?

## Want to learn more about managing money?

## Financial problems create STRESS.

Stress can impact our physical health and how we feel. It can impact our mental health and contribute to concerns such as depression and anxiety. It can lead to the temptation to rely on other things such as drugs and alcohol. It can impact relationships; contributing to marital problems and not allowing us to be the parents we want to be. If we are stressed, it makes it more challenging to answer God's call to serve him with all the distraction financial difficulties bring.

Dedicate less than 14 hours of your life to a class that could change your life for you and your family.

This class is great for all ages!
ial habits | Couples | Middle aged navigating towards retirement | Any

Young Adults establishing good financial habits | Couples | Middle aged navigating towards retirement | Anyone struggling with finances | Anyone wanting to achieve financial goals

Start the New Year on a journey to improve your wellness!